## RESERO

# Your Path to ICF PCC Certification





## **Complete Coach Education Program**

This Level 2 program offers 132 contact learning hours of training that incorporates the ICF Core Competencies.



## **Conduct Recorded Coaching Sessions**

Students conduct six recorded coaching sessions to practice their coaching skills, which are then observed and assessed by a mentor or instructor.



## Receive Mentor Coaching

Provides 10 hours of Mentor Coaching by a Mentor who holds an ICF credential at the PCC or MCC level, focusing on the development of coaching skills.



#### Pass a Performance Evaluation

Students conduct a coaching session as a final performance evaluation that is reviewed and must be graded at or above the ICF Credential PCC level.

# XPERIENC





#### **Document 500 Hours of Coaching**

Level 2 programs require a minimum of 500 hours of coaching experience with at least 25 clients. Only coaching hours conducted after the start of a formal coaching education program are eligible. At least 50 of these hours must occur within 18 months prior to submitting the PCC application, and of the 500 hours, 450 must be paid.





#### Pass ICF Credentialing Exam

Successful completion of the new computer-based ICF Credentialing Exam, which contains approximately 170 scenario-based questions to measure and test coaches on their understanding of the body of knowledge that includes the ICF definition of coaching, ICF Core Competencies, and ICF Code of Ethics.